

Legionella & Water Safety

Legionnaires' Disease is a pneumonia-like illness caused by legionella bacteria and is potentially fatal. Everyone is susceptible to infection; however, some people are at higher risk, including:

- ✱ People over 45 years of age
- ✱ Smokers and heavy drinkers
- ✱ People suffering from chronic respiratory or kidney disease
- ✱ Anyone with an impaired immune system

Legionella bacteria are found in the natural environment and may contaminate and grow in water systems, including domestic hot and cold-water systems. They survive low temperatures and thrive at temperatures between 20 - 45°C if the conditions are right. They are killed by high temperatures at 60°C or above.

- Regular cleaning every 3
- months will help sterilise
- and kill any bacteria
- built up and reduce
- limescale



- We flush through all empty
- properties before you get your
- keys but, after you have been
- on holiday or if a room is not in
- regular use run your shower/
- taps for 5 minutes and flush
- your toilet



Precautions you can take in your home

- ☑ From a safe distance, flush through showers and taps for 5 minutes following a period of non-use
- ☑ Keep all shower heads and taps clean and free from a build-up of limescale, mould or algae growth
- ☑ Do not adjust the hot water on your boiler system at a temperature of 60oC or greater
- ☑ Report any deposits such as rust or any unusual matter flowing from your water outlets.